

Pre-Vocational Tasks/IADLs/ADLs/Work Tasks/Chores

SILVERWARE SORT



LOADING DISHWASHER

Start with cups. Put a cup in the dishwasher and then hand your student a cup. Point to where the cup goes. Keep handing them cups and then try putting cups on the counter and pointing for them to get them cups and then load. Once they are able to put cups in, try plates in the same manner.



SOCK SORT

Start with just a couple pairs that are very different and add pairs (and make them look more alike) as student masters matching pairs.teach them to fold socks too!

**TEACHING JOB SKILLS
SORTING SOCKS
TASK ANALYSIS**

- 1** Get laundry bin. 
- 2** Lay out socks. 
- 3** Find Matches. 
- 4** Roll Socks. 
- 5** Put away. 
- 6** Repeat steps 1-5. 



LOADING WASHING MACHINE

Start by having your student put clothes into washing machine. Make it harder by having student first separate dark and light laundry.



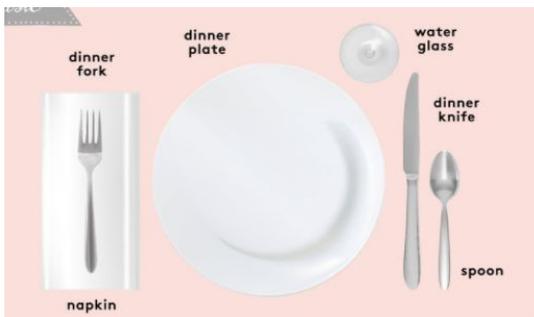
FOLDING TOWELS

Start with a washcloth. Then hand towel and finally bath towel. Sit next to your student and demonstrate step by step folding, stopping to have them complete each step before moving onto the next step.



SETTING DINNER TABLE

Draw a template of how the the table is set using a couple of pieces of paper (like photo below). Have student lay items on top of template, handing them items one by one. After they can do this on own, try making a small template that you set just above where they set the table and having them replicate.



MAKING BED

Work with your student to make their bed step-by-step-it doesn't need to be perfect! Demonstrate each step and then have your student try. 1. Pull up sheet 2. Pull up blanket/comforter 3. Put pillow on bed.

WIPING TABLE

Teach student to first spray table (if you use spray), then wipe.

SWEEPING/VACUUMING This is a great heavy work activity and fun too!